**SHS SWIMMING**

**INFORMATION LETTER**

Athlete’s requirement to earn a letter:

* Make a minimum of 3 practices per week, during IHSA season.
* Attend a qualifying meet before IHSA Sectionals
* Compete at IHSA Sectionals
* Since SHS does not have a high school pool all swimmers must have a USA Swimming card and practice with SBD, Sullivan Blue Dolphins.

School’s commitment:

* Provide a sponsor to attend IHSA Sectionals and State Meet
* End of season banquet

Season Timeline:

* The IHSA Season begins in early Aug. for girls, and late Nov. for boys.

Fees:

* The dues for swimming the IHSA season are: $200.00. This includes a $77.00 fee for the required USA swimming card which every SBD swimmer must pay.

\*\*Ensure all physicals and code of conduct are turned in to SHS before your first day of practice.

Questions on high school swimming please contact:

Coach Nichole Hendry (217) 549-0567 or SBD Head Coach Jason Drury at (217) 273-0715.